Camp Rules and Regulations

It is our intention to provide your child(ren) with a safe and caring atmosphere during their entire stay at camp. We strive to provide the stability and growth that a child needs during these important years. Based on this philosophy, it is essential that each child understand that there are rules and guidelines that we must adhere to in order to operate a safe and enjoyable day camp. Participants are expected to always exhibit appropriate behavior; therefore, the following guidelines have been developed by Knightdale Parks, Recreation & Cultural Programs:

- 1. Staff are to be given proper respect.
- 2. All children must remain with their assigned counselor, unless otherwise instructed.
- 3. All campers should show proper respect to each other, as well as their surrounding elements.
- 4. Profanity will not be tolerated.
- Physical violence and bullying (i.e. hitting, fighting, throwing, damaging equipment and/or buildings) or constant disobedience to camp staff will not be tolerated. This is grounds for removal from camp, and a loss of all camp fees.
- In and around any body of water, all safety rules regarding swimming will apply, including the buddy system.
- 7. Campers are not permitted to leave the site at anytime without being signed out by a designee on the Camper Release Form.
- 8. Electronics and personal belongings are the responsibility of the camper(s) and the parent(s) of the camper(s) including broken, stolen, and damaged items.

 Electronics must be used respectfully. Misuse of electronics will not be tolerated.
- Children must abide by any other rules deemed necessary by the Camp Director for the safety and well being of the camp as a whole.

Thank you for registering your child(ren) in the Knightdale Parks & Recreation Summer Day Camp! We look forward to your participation and hope you and your child(ren) have an enjoyable experience.

Megan Thornton (Camp Director).....217-2236 Ann Harrell (Quest Camp)......217-2233 Michelle Wester (Camp Balance).....217-2232

Camp Sites:

Adventure/Explorer Camp

Knightdale Recreation Center 101 Lawson Ridge Road At the corner of Horton Rd. & Forestville Rd.

Quest Camp

Knightdale Community Pool 202 Milburnie Rd.

Discipline Policy

A firm, positive approach will be used regarding discipline. Knightdale Parks, Recreation & Cultural Programs

Department reserves the right to dismiss a participant if their behavior is detrimental to other campers. Each situation will be evaluated on its own merit.

When disciplinary action is required, the following procedures will be observed:

- 1. Camper receives a verbal warning and is immediately removed from the group until he/she is capable of interacting in an appropriate manner.
- 2. If a second warning is issued, the camper will meet with the Camp Director to discuss the problem and the problem will be documented.
- 3. Continued discipline problems during the session/camp will result in the Camp Director contacting the parent/guardian for a telephone conference and will result in a one day suspension.
- 4. If the problem is still not resolved following the suspension, a meeting with the parents, Camp Director and a representative of Knightdale, Parks, Recreation & Cultural Programs Department will be necessary to assess if the camper will be dismissed from the program. Dismissal from the program will automatically forfeit all fees paid.



2016 Handbook 9 one-week sessions June 20 - August 19 Monday - Friday



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General Info

Adventure (5-7yrs) and Explorer (8-10yrs) Camps will be held at the Knightdale Recreation Center located at 101 Lawson Ridge Road, attached to Forestville Road Elementary School. Quest Camp (11-13yrs) will be held at the Knightdale Community Pool located off of Hwy. 64. Take 64 west, make a left onto Westover Dr. (just past the Hodge Road traffic light), turn right onto Allison Dr., go to the end of Allison Dr. and make a right. Directed activities are from 9:00 a.m. until 4:00 p.m., Monday through Friday. Please check your weekly schedules to see if there is an early field trip for your camp. Drop-off begins at 7:00 a.m. and postPick-up ends at 6:00 p.m. The designated drop-off/pick-up point will be the front entrance at the Knightdale Recreation Center and the clubhouse at the Knightdale Community Pool. You must sign your camper(s) in and out (no dropping off in the parking lot!).

Anyone picking a child up after 6:00 p.m. will be required to pay a \$1.00/minute late fee at that time. No camper will be allowed to return to camp until late fees are paid. Please avoid any late fees by always picking-up on time.

Please Note: There will be no camp on Monday, July 4.

Picking Up Children –Camper Release Form
Our camp counselors have been instructed to release
campers only to persons designated on your camper
release form. A Camper Release Form must be
submitted for each child and returned to KPRD before
their first day of camp. This will inform counselors
which individuals have permission to pick-up your
child(ren) at the end of the day. Please bring ID.
picking up a camper.

WE WILL CHECK IDENTIFICATION!

Clothing

It is important that your child(ren) be dressed to play this summer! Please do not send your child(ren) to camp wearing any valuable clothing since grass and other stains are not always avoidable. Campers should be prepared to participate in a variety of games and activities during the day and should dress accordingly (check the calendar for art days). Shoes and socks must be worn at all times. Please do not send your child to camp in sandals or flip flops. Flip flops can be packed for water-related trips or activities but should not be worn to camp. Please label your child(ren)'s clothing and all other items brought to camp. Parents should apply sunscreen to their camper(s) before arriving at camp. Also, we ask that you send extra sunscreen with your child(ren) - remember to label the bottle. Make sure the date on your sunscreen has not expired. Sunscreen cannot be shared with other campers and may be applied by a counselor if a child is unable to do so themselves.

Lunch and Snacks

Campers must provide their own lunch, drinks and 2 snacks for the day. Refrigeration is not available at the camp site so coolers or insulated lunch bags are suggested. Box drinks are very popular with the children and can be frozen the night before to provide cold drinks during the day. Water coolers or fountains are available at all times. Periodically, lunch and snacks are provided (check calendar for details). Campers are also given the option to purchase lunch and snacks at the pool and counselors for each camp will provide direction as to how money is handled. Due to the possibility of unrealized food allergies campers are not allowed to share their food with each other.

Prerequisite to Participate:

For the safety and consistency in programming, all campers must be able to function in a large group setting of a 1:15 ratio. They must be able to stay with a group and not run from staff. Campers unable to meet this prerequisite will be removed without benefit of a refund. Campers must have attended kindergarten prior to coming to camp.

Summer Day Camp Checklist
Camper Release Form
Health & Emergency Form
Necessary Medications (reference Admin of Med Form)
SUNSCREEN (name on bottle)
Towel for pool (name on tag)
Extra change of clothes (name on tags)
Lunch, 2 snacks, and fluids

Tennis Shoes

Program Participation

Please encourage your child(ren) to participate in new activities at camp. We make an effort to provide a variety of activities, special guests and instructors to complement the talents of our own staff. We have a very structured program and do not have the resources to offer alternate activities for those who request to be excused from an event. Our policy during activities is to have those who do not participate in the event sit quietly and observe the activity.

Swimming

Adventure & Explorer campers will visit the pool two days during most camp weeks. Quest campers may swim everyday. These will be supervised open swim times for the campers. Each child must take a swim test during their first trip to the pool. Failure to pass this test or indication from the parent will result in the child being restricted to water not above his/her head. Colored wrist bands (supplied by camp) will be used during each pool visit or water related field trip to indicate to the counselors and lifeguards in what part of the pool the child is allowed to swim. Space is provided on the Health and Emergency Information Form for you to indicate your child(ren)'s level of competency as a swimmer; please include information on any formal lessons he/she has taken, as well as certificates received. If your child(ren) does not know how to swim or is uncomfortable around the water, please indicate on the form. Please send your child with a towel, bathing suit, and sunscreen on swim days (everyday for Quest campers). If your child burns easily, consider sending a swim shirt to be worn in the pool.

Communicable Diseases

If your child(ren) should contract a communicable disease (i.e. chicken pox, measles, mumps, pinkeye, head lice, strep throat, etc.) during their enrollment at summer camp, please notify the Camp Director as soon as possible. It will be at your doctor's discretion as to when your child(ren) may return to camp; you will need a note from your doctor before your child(ren) will be allowed to return to camp. Please be fair to your child(ren) and other campers; keep them at home. A sick child is miserable in an active setting and may possibly expose other children and adults to their illness.

If your child(ren) comes to camp sick or becomes sick during the day, you will be contacted to pick them up and will need to do so within an hour of being contacted.